

**District Four Patient Self-History Form**

**Patient Label Here:**

**Are You allergic to any Medications?**  
 Y or N  
**If yes, which medications?**

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**\* If you are unsure of any question, leave blank and ask the nurse for help.**

**Medical History:**

Circle those that apply, Y for yes or N for no.

**You**

**Family**

**Nursing Comments:**

	<b><u>You</u></b>	<b><u>Family</u></b>	<b><u>Nursing Comments:</u></b>
Lupus	Y or N	Y or N	
Seizures or Stroke	Y or N	Y or N	
Sickle Cell Anemia or Trait	Y or N	Y or N	
Blood Clots in legs or lungs	Y or N	Y or N	
Heart Disease/Defect or Murmur	Y or N	Y or N	
Bleeding Disorder/Hemophilia	Y or N	Y or N	
High Blood Pressure	Y or N	Y or N	
High Cholesterol	Y or N	Y or N	
Asthma or Chronic Bronchitis	Y or N	Y or N	
Tuberculosis	Y or N	Y or N	
Liver Disease/Hepatitis	Y or N	Y or N	
Gallbladder Disease/Gallstones	Y or N	Y or N	
Stomach Problems/Ulcers	Y or N	Y or N	
Bowel Problems	Y or N	Y or N	
Kidney/Bladder Problems	Y or N	Y or N	
Osteoporosis	Y or N	Y or N	
Cancer	Y or N	Y or N	
Diabetes/Sugar Problems	Y or N	Y or N	
Scoliosis	Y or N		
Severe headaches/migraines	Y or N		
Skin rashes, sores or moles	Y or N		
Tattoos or Piercing	Y or N		
Anemia (low blood/ low iron)	Y or N		
Varicose Veins	Y or N		
Depression/Anxiety/Eating Disorders	Y or N		
Bi-polar Disorder/Schizophrenia	Y or N		
Drink Alcohol	Y or N		
Smokes/Chews/Dips Tobacco	Y or N		
Use Street Drugs	Y or N		
Diet Supplements/Herbal Medications	Y or N		

Have you ever had a major illness? Please explain:

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Have you ever been in the hospital? If so why:

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Have you ever had any type of surgery?

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List all medications you are taking:

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**Tuberculosis Risk Assessment Questionnaire:**

- Is the child a close contact of a person with infectious TB? Y or N
- Does the child have HIV infection or is he/she considered at risk for HIV infection? Y or N
- Is the child foreign born (especially Asian, African, Latino) a refugee or immigrant? Y or N
- Is the child in contact with an incarcerated person or a person was incarcerated in the past 5 years? Y or N
- Does the child have a medical condition or treatment of a medical condition which suppresses the immune system? Y or N
- Does the child live in a community in which it has been established that a high risk exists for TB? Y or N
- Does the child have a history of travel or contact with an individual who traveled to endemic countries? Y or N

**WOMEN ONLY:**

**Menstrual/ Gynecological History**

What age did your menstrual periods begin? \_\_\_\_\_  
When did your last period start? \_\_\_\_\_  
How many days did it last? \_\_\_\_\_  
Was it normal? Yes \_\_\_\_ No \_\_\_\_ Explain \_\_\_\_\_  
How often do you have your periods? \_\_\_\_\_  
Any problems? \_\_\_\_\_  
Do you douche? Yes \_\_\_\_ No \_\_\_\_  
Do you have a vaginal discharge/odor? Yes \_\_\_\_ No \_\_\_\_  
Do you examine your breasts? Yes \_\_\_\_ No \_\_\_\_  
If yes how often? \_\_\_\_\_  
Any Breast problems? \_\_\_\_\_  
Have you ever had a pelvic exam? Yes \_\_\_\_ No \_\_\_\_  
If yes, date of last pelvic exam? \_\_\_\_\_  
Date of your last Pap Smear? \_\_\_\_\_  
Have you ever had an Abnormal Pap? Yes \_\_\_\_ No \_\_\_\_  
Have you ever had a Mammogram? Yes \_\_\_\_ No \_\_\_\_  
If yes, date of last Mammogram? \_\_\_\_\_

**SEXUAL & CONTRACEPTIVE HISTORY:**

Age at first intercourse? \_\_\_\_\_  
Date of last intercourse? \_\_\_\_\_  
Number of current partners? \_\_\_\_\_  
How many sexual partners have you had? \_\_\_\_\_  
Do you use condoms every time you have sex? Yes \_\_\_\_ No \_\_\_\_  
Do you have sex with:  
Men Only: \_\_\_\_ Women Only: \_\_\_\_ Both Men & Women: \_\_\_\_  
Do you have pain or bleeding with sex? Yes \_\_\_\_ No \_\_\_\_  
Do you inject any drugs? Yes \_\_\_\_ No \_\_\_\_  
Do you or your partner have HIV or AIDS? Yes \_\_\_\_ No \_\_\_\_  
Check the ways you have sex:  
Vaginal \_\_\_\_ Oral \_\_\_\_ Anal \_\_\_\_  
Have you had recent chills or fever? Yes \_\_\_\_ No \_\_\_\_  
Have you or your partner ever had a sexually transmitted Disease ? If yes, please circle which STD(s)?  
(Gonorrhea, Chlamydia, Syphilis, Herpes, HPV, Other)?  
What do you use for birth control?  
Pills \_\_\_\_ Depo \_\_\_\_ Foam/Gel \_\_\_\_ Diaphragm \_\_\_\_  
IUD \_\_\_\_ Patch \_\_\_\_ Condoms \_\_\_\_ Abstain \_\_\_\_  
Withdrawal/Pull Out \_\_\_\_ None \_\_\_\_  
Are you satisfied with the method? Yes \_\_\_\_ No \_\_\_\_  
If no, what method(s) do you wish? \_\_\_\_\_  
Do you or your partner want to become pregnant? Yes \_\_\_\_ No \_\_\_\_  
If yes, when? \_\_\_\_\_

**PROVIDER/NURSE COMMENTS ONLY:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Client's Signature/ Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Interpreted By: \_\_\_\_\_

Date: \_\_\_\_\_

Reviewed By: \_\_\_\_\_

Date: \_\_\_\_\_

Confidential Client (CIRCLE) Yes No

**OBSTETRICAL HISTORY:**

Have you ever been pregnant? Yes \_\_\_\_ No \_\_\_\_  
If yes, how many times? \_\_\_\_\_  
How many were:  
Full term? \_\_\_\_ Premature? \_\_\_\_ Stillborn? \_\_\_\_  
How many times did you have:  
A Miscarriage? \_\_\_\_ An Abortion? \_\_\_\_  
Did any babies weigh less than 5 1/2 lbs. at birth?  
Yes \_\_\_\_ No \_\_\_\_  
Did any babies weigh more than 9 lbs. at birth?  
Yes \_\_\_\_ No \_\_\_\_  
Did you breast or bottle feed your baby? \_\_\_\_  
Are you breast feeding now? Yes \_\_\_\_ No \_\_\_\_  
Did your mother take DES (diethylstilbestrol) when she was pregnant with you? Yes \_\_\_\_ No \_\_\_\_  
Did you have any problems with any pregnancies? Yes \_\_\_\_ No \_\_\_\_  
Have you had chickenpox or the vaccine Yes \_\_\_\_ No \_\_\_\_

**MEN ONLY:**

Have you been circumcised? Yes \_\_\_\_ No \_\_\_\_  
Do you have any problems with testicles or scrotum (Lumps, Pain, Swelling)? Yes \_\_\_\_ No \_\_\_\_  
Do you perform testicular self-exams?  
Yes \_\_\_\_ No \_\_\_\_  
Have you ever been involved in a pregnancy or fathered a child? Yes \_\_\_\_ No \_\_\_\_

**RELATIONSHIPS:**

Have you ever been hit, kicked, shoved, or had things thrown at you by your partner? Yes \_\_\_\_ No \_\_\_\_  
Have you ever been forced by anyone to have intercourse or any form of sexual contact against your will (when you have said or wanted to say "NO")  
Yes \_\_\_\_ No \_\_\_\_  
Have you or your children ever been afraid /threatened by your partner/boyfriend ? Yes \_\_\_\_ No \_\_\_\_  
Is there any close friend or family member that you can talk to about sex, or other sensitive matter?  
Yes \_\_\_\_ No \_\_\_\_  
If yes, whom? \_\_\_\_\_  
Do you ever feel like hurting yourself? \_\_\_\_ Yes \_\_\_\_ No